



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Stoico/FIRSTFED YMCA Gym Schedule

Contact: Scott Medeiros Youth & Family Program Director
 508.678.9622 smedeiros@ymcasouthcoast.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Open Gym/Family Time: 5:00am-8:45pm	2 Open Gym/Family Time: 5:00am-4:45pm Futsal: 5:00pm-6:00pm Men's Basketball League: 7:00pm-Close	3 Open Gym/Family Time: 5:00am-8:45pm 1/2 court: 7:00pm-9:00pm	4 Open Gym/Family Time: 5:00am-8:45pm Pickleball (1/2 Court) 7:00pm-9:00pm	5 Open Gym/Family Time: 5:00am-5:00pm 7:45pm-8:45pm ZUMBA - A - THON: 5:00pm-7:45pm	6 Open Gym/Family Time: 7:00am-12:00pm 2:30pm-3:45pm Adult Full Court: 12:00pm-2:30pm
7 Open Gym/Family Time: 7:00am-8:30am 1:30pm-3:45pm Reserved for Programs: 8:30am-1:30pm	8 Open Gym/Family Time: 5:00am-8:45pm	9 Open Gym/Family Time: 5:00am-6:45pm Men's Basketball League: 7:00pm-Close	10 Open Gym/Family Time: 5:00am-8:45pm 1/2 court: 7:00pm-9:00pm	11 Open Gym/Family Time: 5:00am-8:45pm Pickleball (1/2 Court) 7:00pm-9:00pm	12 Open Gym/Family Time: 5:00am-6:30pm Movie Night: 6:30pm-Close	13 Open Gym/Family Time: 7:00am-12:00pm 2:30pm-3:45pm Adult Full Court: 12:00pm-2:30pm
14 Open Gym/Family Time: 7:00am-8:30am 1:30pm-3:45pm Reserved for Programs: 8:30am-1:30pm	15 Open Gym/Family Time: 5:00am-8:45pm	16 Open Gym/Family Time: 5:00am-6:45pm Men's Basketball League: 7:00pm-Close	17 Open Gym/Family Time: 5:00am-8:45pm 1/2 court: 7:00pm-9:00pm	18 Open Gym/Family Time: 5:00am-8:45pm Pickleball (1/2 Court) 7:00pm-9:00pm	19 Open Gym/Family Time: 5:00am-8:45pm	20 Open Gym/Family Time: 7:00am-12:00pm 2:30pm-3:45pm Adult Full Court: 12:00pm-2:30pm
21 Open Gym/Family Time: 7:00am-8:30am 1:30pm-3:45pm Reserved for Programs: 8:30am-1:30pm	22 Open Gym/Family Time: 5:00am-8:45pm	23 Open Gym/Family Time: 5:00am-6:45pm Men's Basketball League: 7:00pm-Close	24 Open Gym/Family Time: 5:00am-8:45pm 1/2 court: 7:00pm-9:00pm	25 Open Gym/Family Time: 8:30am-8:45pm Pickleball (1/2 Court) 7:00pm-9:00pm	26 Open Gym/Family Time: 5:00am-8:45pm	27 Open Gym/Family Time: 7:00am-12:00pm 2:30pm-3:45pm Adult Full Court: 12:00pm-2:30pm
28 Open Gym/Family Time: 7:00am-8:30am 1:30pm-3:45pm Reserved for Programs: 8:30am-1:30pm	29 Open Gym/Family Time: 5:00am-8:45pm	30 Open Gym/Family Time: 5:00am-6:45pm Men's Basketball League: 7:00pm-Close	31 Open Gym/Family Time: 5:00am-8:45pm 1/2 court: 7:00pm-9:00pm			

Effective: 5/1/17
Note: Schedule subject to change due to programming

Key:
Open Gym/Family Time:
Half of court for families