



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# COMMITTING TO GOOD SPORTSMANSHIP



## Codes of Conduct for Participants, Parents & Coaches

Youth sports are a valuable and meaningful tool for developing confidence and character in young people in a fun and active setting.

The Y has a **ZERO TOLERANCE** policy regarding the conduct of coaches, parents and participants. We expect and demand behavior that is consistent with the Y's mission to support and foster youth development, healthy living, and social responsibility.

Parents and coaches are encouraged to review and discuss the following websites in order to provide a healthy environment for the youth sports participants: [nays.org](http://nays.org) · [tutoruway.com](http://tutoruway.com) · [sportsfansofamerica.com](http://sportsfansofamerica.com) · [islandscene.com](http://islandscene.com)

Parents are strongly encouraged to serve as assistant coaches. Parents can assist the coaches with various needs that may arise ranging from swim meet volunteers to helping with practices to refreshments.

The other side of this pamphlet is divided into 3 sections (coach, parents, and participant). It is important for each person to make the appropriate commitment. It is also good for parents to know what is expected of their children and what they can expect of their coaches. Any behavior by a coach that is inconsistent with the commitment listed indicates potential problems that should be discussed with Y senior staff.

- The coach should have already completed the coach's section. It provides the parent with an example of the type of behavior to expect from the coach.
- The parents' section should be completed and retained by the parents as a reminder of how they have agreed to behave in support of the values the program seeks to instill in their children.
- The participant's section should be signed by the child and retained by the parent to document their child's commitment.

All of the codes of conduct are part of the application and authorization to participate in the swim team program. Participation in the program indicates that parents and participants agree to abide by their respective codes of conduct, and that violation of their code is adequate grounds for removal from a practice, swim meets and/or swim program. In order to provide an atmosphere where our youth can develop into the citizens we want them to be all three elements – the coach, the parents, and the youth must be equal partners for change.

**GLEASON FAMILY YMCA** A Division of YMCA SOUTHCOAST

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# Codes of Conduct

## COACHES CODE OF CONDUCT

I will provide an environment for my swimmers that is safe from physical and emotional harm.

I will treat each player as an individual, keeping in mind the wide range of physical and emotional development within the same age group.

I will place the emotional and physical well being of my players ahead of any personal or parental desires to win.

I will lead by example, demonstrating fair play and sportsmanship during all activities.

I will abide by the YMCA's code of conduct:

- I will not subject any child to neglect or to mental, verbal, physical, or sexual abuse
- I will not leave any child unsupervised
- I will not be alone with any child where we cannot be observed by others
- I will not transport any children in my vehicle
- I will not give any child gifts or special favors
- I will treat all children equally without respect to gender, race, religion, culture, or ability
- I will be a positive role model by maintaining an attitude of respect, loyalty, patience, courtesy, tact, and maturity
- I will utilize positive guidance techniques
- I will refrain from profanity, inappropriate jokes, and sharing of intimate details of my personnel life

I will not hold extra or special practices.

I will use coaching techniques that are appropriate for all the ages and skill levels present.

I will seek and encourage parental participation at practices, games, and any other activities.

I will respectfully control the behavior of players and parents by asking them to leave the practices or meets should they become unruly or create an atmosphere that is not appropriate for the development of good sportsmanship.

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Coach's Name Printed

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Coach's Signature

Date

## PARENTS CODE OF CONDUCT

I will place an emphasis on the fun of participation and keep the emotional and physical well being of all the children ahead of my personal desire to win.

I will require my child to treat other players, coaches, fans, and officials with respect without regard to gender, race, religion, culture, or ability.

I will encourage good sportsmanship by giving positive support to all players, coaches, and officials at every meet, practice, or other event.

I will support and assist this experience however I can... by being a respectful fan, by assisting with the practices, volunteering, etc.

I will support coaches and officials by working with my child in order to encourage a positive and enjoyable experience for all.

I will refrain from the use of tobacco, alcohol, and drugs at all youth sports practices, games, and other events and I will encourage others to do the same.

I will remember that the swim teams are for the kids and not for the adults and will do my very best to make this experience fun for all of the children and parents involved.

I will monitor the actions of our coach or coaches and will bring any behavior that is inconsistent with the Coach's Code of Conduct to the attention of someone in authority at the Y.

I will

- Let the Coaches, Coach
- Let the Swimmers, Swim
- Let the Officials, Officiate

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Parent's Name Printed

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Parent's Signature

Date

## PARTICIPANTS CODE OF CONDUCT

I will not intentionally hurt or be mean to any player, coach, or official.

I will pay attention to my coach and give her/him the respect s/he deserves. I will not misbehave or be disruptive during practices or games so that I do not ruin the experience of other children.

I will not argue with officials and will leave any disputes regarding officiating to game officials and my coach.

I will follow the rules for safety that my coach and the YMCA have established.

I will seek and willingly receive instruction both in the skills of the sport and in proper sporting behavior and good sportsmanship.

I will encourage my parents to set an example of good sportsmanship for my fellow teammates, the other parents, and myself.

I will commit to follow the following pledge: WIN OR LOSE, I PLEDGE TO DO MY BEST, TO BE A TEAM PLAYER, TO RESPECT MY OPPONENTS, TEAMMATES, AND OFFICIALS, AND TO IMPROVE MYSELF IN SPIRIT, MIND, AND BODY.

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Participant's Name Printed

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Participant's Signature

Date