

FREE MEALS

 for kids 18 and under!



YMCA Southcoast is offering fresh, ready-made meals for your child(ren) to just heat up! These freshly prepared meals will offer a variety of culturally relevant and nutritious options. Free to all in need.

WHERE Fall River YMCA Parking Lot
199 N Main St
Fall River, MA 02720

WHAT Monday Box: 3 days of free breakfast and lunch meals
Thursday Box: 4 days of free breakfast and lunch meals

WHO No paper work or registration required!
The child does not have to be present for pickup
Come on foot or by car



FALL RIVER YMCA

Starting Thursday, January 21
Mondays & Thursdays
3:30–5:30pm*

*or until food runs out

FIRST COME, FIRST SERVE

ymcasc.org



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WHERE Gleason Family YMCA Parking Lot
33 Charge Pong Road
Wareham, MA 02571

WHAT Tuesday Box: 3 days of free breakfast and lunch meals
Friday Box: 4 days of free breakfast and lunch meals

WHO No paper work or registration required!
The child does not have to be present for pickup
Come on foot or by car



GLEASON FAMILY YMCA

Starting Friday, January 29

Tuesdays & Fridays

3:30–5:30pm*

*or until food runs out

FIRST COME, FIRST SERVE

ymcasc.org



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WHERE New Bedford YMCA Parking Lot
25 South Water Street
New Bedford, MA 02740

WHAT Wednesday Box: 3 days of free breakfast and lunch meals
Saturday Box: 4 days of free breakfast and lunch meals

WHO No paper work or registration required!
The child does not have to be present for pickup
Come on foot or by car



NEW BEDFORD YMCA
Starting Wednesday, January 27
Wednesdays: 3:30–5:30pm*
Saturdays: 10:00am – 12:00pm*
*or until food runs out

FIRST COME, FIRST SERVE

ymcasc.org

