



FULLPLATEPROJECT



VOLUNTEER AT OUR Y COMMUNITY MARKETS

You can help the YMCA SOUTHCOAST rise to meet the needs of our community as we strive to ensure that everyone has the opportunity to thrive.

Be a part of our prep or distribution crew during our ongoing COMMUNITY MARKET events onsite at our branches. Please contact Claudia Arsenio at carsenio@ymcasc.org for more information .

The FULL PLATE PROJECT builds on our existing programs by providing food distribution services and nutrition education to address the root causes of food insecurity in our region.

Our aim is to eliminate disparities by providing our community members access to nutritious food to help them achieve a healthy lifestyle.

Dartmouth YMCA • Gleason Family YMCA - Wareham • Fall River YMCA • New Bedford YMCA • Stocio/FIRSTFED YMCA - Swansea