Dear Gleason Family YMCA Swim Lesson Families:

Welcome to the Gleason Family YMCA’s Fall 2020 Swim Lesson Program! Our swim lesson program is designed to help build a lifelong interest in swimming for fitness, challenge young minds and provide role models for children to use in determining their own values. Our goal is for children to develop a love for the water and an understanding of all basic swimming components. Please note that while our instructors’ love for teaching and friendly personalities have not changed, some of our policies and procedures have been updated to minimize risk to your swimmer during this health crisis:

- Please help us prevent the unnecessary spread of the cold, flu, coronavirus etc. Please refrain from bringing your child to swim class if they or yourself show signs of illness.
- All pool rules are in effect during our swim lesson programs. Please let us know if you have any questions or concerns regarding our safety procedures. Please note that safety is our first consideration in your child’s aquatic experience.
- Please arrive for lessons no more than 5 minutes before a child's scheduled class time.
- All persons MUST be wearing face coverings to enter and move throughout the facility.
- We encourage swimmers to wear their swimwear under outer clothing as time/space will be limited in our changing area.
- Only one non-swimming adult per family may accompany the swimmer(s) into the building. Caregivers of children <13 years of age must remain on Y property during the child’s lessons but are not required indoors.
- Only those children registered in programs will be permitted on site. Families with non-swimming children may utilize the outdoor track or sit in their vehicles while waiting for a lesson to finish or sign up to use another area of the building.
- Please check in with our Welcome Center upon arrival – you will be directed to the family locker room to remove outer clothing and shower prior to entering the pool area. Masks may be removed briefly for showering, redonne and removed once again just prior to entering the water for class.
- Swimmers must shower before entering the pool area and please encourage children to use the restroom before class. All children not toilet trained must wear a swim diaper during class.
- Street shoes/footwear must be removed prior to entering the pool area. We ask that you carry your shoes with you to your assigned seating area.
- Caregivers may observe class from assigned positions around the pool – window wells or bleacher seating. Please do not block the lifeguard’s view of the pool. Please do not interact with your child during their lesson; it can be a distraction and may interfere with the instructor’s teaching methods.
- Sanitized swim lesson equipment (kickboards, noodles, float belts, etc.) will be provided for each student. Please note that we are unable to provide personal equipment (goggles, masks, swim caps, swim diapers, towels, etc.), so please bring as needed.
- After a lesson, you may exit directly from the pool deck to the lobby or through the boys/girls’ locker rooms. Both are functioning as gender neutral changing areas; however, showers on egress are currently unavailable.
- We make every effort to provide consistency in instructors. Please understand if we need to make an occasional change.
- Instructors may come to you to share concerns or excitement about your child’s progress – to celebrate your child’s success or engage your assistance resolving behavioral issues. Your help reinforcing lessons learned in class provides consistency in your child’s experience and allows them to retain the information longer.
- We believe that communication is vital! Should you have questions regarding your child’s lesson, please let us know at an appropriate time (before/after class), not during the child’s lesson, so that we may fully address your concerns.

We encourage you to communicate with your child’s instructor when possible; however, speaking with the instructor right before or after class may be difficult. In this case, we ask that you please leave your contact information with our Welcome Center staff and the instructor will call or email you as soon as possible. Please realize that it is not unusual for a child to spend multiple sessions in the same level before moving up.

If you have questions or comments, please feel free to contact me at your convenience. Thank you for your interest in our swim program and your cooperation.

Have fun and stay healthy!

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