



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Effective September 15th, 2020

- Registration required; one registration per day; registration opens at 7pm three days prior
- Face coverings required until entering the pool
- Hour timeslots include check in, 5 minute shower/change on front end, and 10 minute change/departure from building
- Showers available upon entry only, limited changing areas available, lockers not presently available for use
- Please call with questions or concerns.
- We hope that you enjoy your swim and thank you for your cooperation in advance!

## Gleason Family YMCA

### Indoor Pool Schedule

Contact: Danielle Gilmore, Aquatics Coordinator  
508.295.9622 x16

## MONDAY-FRIDAY

### LAP SWIM – One MEMBER per registration; UP TO one pool reservation per day

5:00-6:00am 3 Spots	5:20-6:20am 1 Spot
6:00-7:00am 3 Spots	6:20-7:20am 1 Spot
7:00-8:00am 3 Spots	7:20-8:20am 1 Spot
8:00-9:00am 3 Spots	8:20-9:20am 1 Spot
9:00-10:00am 3 Spots	9:20-10:20am 1 Spot
10:00-11:00am 3 Spots	10:20-11:20am 1 Spot
11:00am-12:00pm 3 Spots	
2:00-3:00pm 3 Spots	
3:00-4:00pm 3 Spots	
5:00-6:00pm 3 Spots	
6:00-7:00pm 3 Spots	

### FAMILY SWIM – One family group of up to 6 MEMBERS per registration; UP TO one pool reservation per day

2:10-3:10pm 1 Spot DEEP END	2:15-3:15pm 1 Spot ZERO DEPTH	2:20-3:20pm 1 Spot SHALLOW END
3:10-4:10pm 1 Spot DEEP END	3:15-4:15pm 1 Spot ZERO DEPTH	3:20-4:20pm 1 Spot SHALLOW END
4:10-5:10pm 1 Spot DEEP END	4:15-5:15pm 1 Spot ZERO DEPTH	4:20-5:20pm 1 Spot SHALLOW END
5:10-6:10pm 1 Spot DEEP END	5:15-6:15pm 1 Spot ZERO DEPTH	5:20-6:20pm 1 Spot SHALLOW END

### EXERCISE LANE – One MEMBER per registration; UP TO one pool reservation per day

5:20-6:20am 1 Spot DEEP END	5:20-6:20 1 Spot SHALLOW END	5:20-6:20 1 Spot SLIDE POOL
6:20-7:20am 1 Spot DEEP END	6:20-7:20 1 Spot SHALLOW END	6:20-7:20 1 Spot SLIDE POOL
7:20-8:20am 1 Spot DEEP END	7:20-8:20 1 Spot SHALLOW END	7:20-8:20 1 Spot SLIDE POOL
8:20-9:20am 1 Spot DEEP END	8:20-9:20 1 Spot SHALLOW END	8:20-9:20 1 Spot SLIDE POOL
9:20-10:20am 1 Spot DEEP END	9:20-10:20 1 Spot SHALLOW END	9:20-10:20 1 Spot SLIDE POOL
10:20-11:20am 1 Spot DEEP END	10:20-11:20 1 Spot SHALLOW END	10:20-11:20 1 Spot SLIDE POOL

## SATURDAY & SUNDAY

### LAP SWIM – One MEMBER per registration; UP TO one pool reservation per day

8:00-9:00am 3 Spots	8:20-9:20am 1 Spot
9:00-10:00am 3 Spots	9:20-10:20am 1 Spot
10:00-11:00am 3 Spots	10:20-11:20am 1 Spot
11:00am-12:00pm 3 Spots	11:20am-12:20pm 1 Spot
12:00-1:00pm 3 Spots	
1:00-2:00pm 3 Spots	
2:00-3:00pm 3 Spots	
3:00-4:00pm 3 Spots	

### FAMILY SWIM – One family group of up to 6 MEMBERS per registration; UP TO one pool reservation per day

1:10-2:10pm 1 Spot DEEP END	1:15-2:15pm 1 Spot ZERO DEPTH	1:20-2:20pm 1 Spot SHALLOW END
2:10-3:10pm 1 Spot DEEP END	2:15-3:15pm 1 Spot ZERO DEPTH	2:20-3:20pm 1 Spot SHALLOW END

### EXERCISE LANE – One MEMBER per registration; UP TO one pool reservation per day

8:20-9:20am 1 Spot DEEP END	8:20-9:20 1 Spot SHALLOW END	8:20-9:20 1 Spot SLIDE POOL
9:20-10:20am 1 Spot DEEP END	9:20-10:20 1 Spot SHALLOW END	9:20-10:20 1 Spot SLIDE POOL
10:20-11:20am 1 Spot DEEP END	10:20-11:20 1 Spot SHALLOW END	10:20-11:20 1 Spot SLIDE POOL
11:20am-12:20pm 1 Spot DEEP END	11:20am-12:20pm 1 Spot SHALLOW END	11:20am-12:20pm 1 Spot SLIDE POOL