Thank you to our donors and supporters—what an historic year! The focus of 2015 was the completion of the Fall River YMCA’s important “Rejoice, Renew, and Revitalize” campaign. On April 8, 2015 we celebrated our ribbon cutting with the grand re-opening of the Y in downtown Fall River to an enthusiastic crowd. We are pleased to report that the Y now has 2,801 members; up from 1,967 members one year ago, almost a 70% increase. Now, 120 students receive individualized, daily instruction in our BayCoast Bank Educational Achievement Center located on the fourth floor. More than 1,000 children took part in learn to swim programs in the refurbished pool, and in the last three months we have seen over 16,675 member visits!

Our year ended on a high note with the opening of YMCA Southcoast’s sixth branch in Swansea. After renovations were completed on the former Grace Gospel Church, the Stoico/FIRSTFED YMCA opened on December 17, 2015. Swansea, Somerset and Dighton are vibrant towns, yet residents lacked a central gathering place to connect and feel part of a greater community. The Y has brought that opportunity to the area. We see entire neighborhoods exercising together in our spacious, state-of-the-art fitness center which features a floor to ceiling indoor glassed Kids Adventure play area. The Y is located on 36 acres of sports fields, walking trails, climbing wall and ropes courses, inspiring families to become healthier while connecting community members to one another. Because our enthusiastic staff has designed multiple innovative programs, the new Y is perfectly positioned to have a life-changing impact on these communities.

It’s an exhilarating time for YMCA Southcoast as leadership has changed. As the new President and CEO, I am excited to be here to begin a new chapter that will continue the legendary work of Gary R. Schuyler. Gary received a grand celebration of his 28 years at YMCA Southcoast and 40 years total with the Y movement on May 6, 2016. We wish him well in his retirement and thank him for his servant leadership with the Y.

Sincerely,

James F Scherer
President & CEO
YMCA SOUTHCOAST
Each day, after school, about 120 students from the city’s elementary schools benefit from the BayCoast Bank Educational Achievement Center on the top floor of the Fall River YMCA. They learn and engage in new subjects such as journalism, gardening, cooking, leadership, technology, even Legos. There is Kidzlit in which books are read and discussed, words explained and, in all cases, lessons learned.

This past summer, the Y partnered with the Fall River Public Schools to provide an enriching six week summer learning program to 40 Mary Fonseca Elementary School students that combined interactive academic classes in math, literacy and science, with enrichment classes such as cooking, music, art, service learning, swimming and digital media. In addition, every Friday students participated in educational and fun field trips to places such as the Boston Museum of Fine Arts, the New Bedford Whaling Museum and Battleship Cove.

Our goal was for 75% of students in our program to maintain their learning level based on standardized testing done at the end of the child’s previous school year compared to testing from the beginning of their new school year. Nationally, close to 90% of low income children lose some of their gains over the summer. The results for our children were very encouraging and far exceeded our goal. We found that 92% of the children in the program either maintained their learning or improved their academic knowledge over the summer! In addition, parents reported that their children were utilizing better behaviors, seemed happier and had a greater interest in learning and reading.

We couldn’t do any of this work without the dedication and help of our volunteer teachers. Over the course of 2015 we had 81 volunteers that donated over 9,035 hours. Our volunteers are also learning that giving back is very personal and that they get to take home valuable lessons of their own.
Making an Impact

New Bedford YMCA

A number of changes have taken place at the New Bedford YMCA. Our new Youth Development Director, Rayana Grace, started in mid-October and has created new programming that appeals to our youth members—Athletics, Arts and Sciences, Wellness, Culinary, and Civic Engagement.

Shooting Stars for basketball skills and drills and Sports Mix for preschool-aged children were both well received this past fall. To highlight the Arts, we introduced new dance classes including Happy Feet: Music and Movement for Toddlers, Hip-Hop and Tumbling—all taught by dance instructor Susan Botelho, who comes to us with over 20 years of dance instruction. Sci-Time Science Club is being taught by Roger Hart, a longtime New Bedford YMCA member and AP Physics teacher who wanted to give back to Y programs which played such an integral role in his adolescence.

We look forward to continuing with new youth programming including drama club, volleyball, soccer/Futsal, and additional art offerings. Staff have been attending various community meetings throughout the city of New Bedford to help strengthen our ties with local agencies and to develop new partnerships.

Youth programs are not the only new aspects of the New Bedford YMCA. Our Wellness Center has received a face lift with some new, innovative equipment. Our new line of equipment will complement the many amenities that the Wellness Center has to offer for those in need of support in reaching their health and wellness goals, not the least of which is our well-trained and passionate staff.
Chronic Illness Prevention and Support

Gleason Family YMCA

The Gleason Family YMCA just recently completed its first year of the YMCA’s Diabetes Prevention Program, led by certified lifestyle coach, Dara Midwood, with eight graduates. Participants are eligible for this program with a diagnosis of pre-diabetes. The goal of this program is to reduce each individual’s weight by 7% and incorporate 150 minutes of moderate physical activity per week for the purpose of reducing the risk of Type 2 Diabetes.

One graduate began the program at 208 pounds and finished at 179 pounds. That’s success! This is a lifestyle balance program, not a diet; giving people time to learn and practice the tools for healthier eating habits and living, including how to fit in more physical activity in the day. Included in the cost of this program is a year membership to the Y so that participants can incorporate exercise into their lifestyle and have easier access to it as well.

YMCA Southcoast continues to run the LIVESTRONG® at the YMCA Program at multiple branches, including the Gleason Family YMCA. This FREE 12-week program helps cancer survivors get back to physical activity in a safe and supportive environment with certified staff. This program is supported by financial assistance given by community supporters. Without this assistance, there is no program.

Sharon DeCosta is a recent graduate of the LIVESTRONG® at the YMCA Program. Sharon was diagnosed with Metastic Breast cancer in April of 2015, on her 25th wedding anniversary. “The Y plays an important part of my support team. It’s making a difference in my life.” Sharon also shared that the Y is strengthening not only her body, but also her mind and spirit. “The instructor, Mike, is always supportive and lends an ear when I just need someone to listen.”
Treasurer's Report
FISCAL YEAR ENDING DECEMBER 31, 2015

STATEMENT OF REVENUE & EXPENSES

SUPPORT AND REVENUE

United Way $ 50,014
Government and Other Funding 1,853,840
Annual Campaign 363,034
Other Fundraising and Donations 3,657,767
Membership Dues 3,634,856
Program Service Fees 3,374,741
In Kind Support 21,600
Sales of Merchandise (NET) 80,231
Interest/Investment Returns 58,631
Miscellaneous 660,545
TOTAL SUPPORT AND REVENUE 13,755,529

EXPENSES

Program Services 7,980,608
Fundraising 250,309
General and Administrative 1,076,627
TOTAL EXPENSES BEFORE DEPRECIATION & INTEREST 9,307,544

Excess Revenue Over Expense Before 4,447,985
Depreciation and Amortization (667,741)
Interest Expense (429,795)
Realized Gain on Derivative Financial Instrument 575,703
INCREASE [DECREASE] IN NET ASSETS $3,926,152

BALANCE SHEET DATA

ASSETS

Current Assets $ 3,172,354
Long Term Investments 542,064
Net Property, Plant and Equipment 20,614,914
Other Assets 2,051,215
Leverage Loan - Fall River project 8,054,768
TOTAL ASSETS $34,435,315

LIABILITIES AND NET ASSETS

Current Liabilities 3,540,549
Deferred Membership/Revenue Programs 540,419
Net Long Term Debt† 12,281,858
Total Net Assets 18,102,489
TOTAL LIABILITIES AND NET ASSETS $34,435,315

STATEMENT OF CASH FLOWS

Net Cash Provided by Operating Activities 1,128,236
Net Cash/Investing Activities (4,609,147)
Net Cash/Financing Activities 3,345,810
Net Increase (Decrease) in Cash & Cash Equivalents (135,101)

CASH AND CASH EQUIVALENT • BEGINNING OF YEAR 216,859
CASH AND CASH EQUIVALENT • END OF YEAR 81,758

*Includes $8.4 million used to finance Fall River project in accordance with tax credit requirements
CFO and Treasurer’s Message

Community support continues to be strong and our annual campaign revenues reached new heights in the year.

2015 was a year of significant transition. In January, property was purchased in Swansea and converted into the new Stoico/FIRSTFED YMCA in time for a successful December opening. The long running Fall River YMCA renovation was completed in April and community members are steadily returning with strong approval of the renovated facility. Capital campaigns required to pay down temporary debt financing are ongoing for both projects.

In December the Fall River project received a final allocation of Massachusetts Historic Tax Credits. Net proceeds of $2,070,000 were received in February 2016 and applied to project debt. This was the Association’s first receipt in its history of Historic Tax Credit funds.

The renovation and conversion projects had a negative impact on the change in Net Assets from Operations. This situation is transitional, and improved performance is planned as operations mature.

YMCA Southcoast continues to put its best efforts forward to strengthen itself and be a community impact organization for the long term.

Dr Brian K Bowcock
Treasurer

Robert A Trahan
Vice President & CFO
Bagging Hunger for Nutrition on Weekends

Mattapoisett YMCA

With community support, the Mattapoisett YMCA began the Nutrition On Weekends (NOW) Program to provide food to children who rely on school food programs during the week. NOW is a volunteer based hunger relief backpack program that serves children in New Bedford.

This program made a significant impact on 150 of the neediest New Bedford children on weekends and during school breaks for the 2015-2016 school year. The Mattapoisett YMCA, along with area churches and libraries, sought donations for food distribution to the local children in need, relying on the generosity of our food donors, including supermarkets, wholesalers, neighbors, friends and others to donate nutrient-rich, non-perishable food.

Two amazing volunteers, like Susan Shallies and her daughter Kathy Langevin, packed needed meals into bags for Friday deliveries to the students of Alfred J. Gomes School in New Bedford. “It has been amazing to watch this mother/daughter team work together” says Joe Marciszyn, Executive Director of the Mattapoisett YMCA. “They are so lively and they are packing more than hunger relief into each bag, they are packing hope.”

Kathy and Sue are critical to the work we do every day. The Y depends on volunteers to inspect, sort, and repack reclaimed food and grocery products. Our volunteer base ranges from students to senior citizens and from business professionals to religious organizations. The help, that volunteers provide saves the Mattapoisett YMCA thousands of dollars in labor costs annually, making it possible for us to provide even more food for those in need. Your dollars have made a difference!
Dartmouth YMCA

The Dartmouth YMCA has a long history in the battle against hunger along the south coast of Massachusetts, beginning in 2006 with the creation of the Sharing the Harvest Community Farm. In 2011, the Y furthered its impact by aligning with the Southeastern Massachusetts Food Security Network.

The Food Security Network is a coalition of food pantries, farms, foundations and social service agencies working together to address hunger issues in our region, including emergency food access and distribution, nutrition education, and local sustainable agriculture.

In 2015, the Food Security Network made a significant impact in our community. Through a partnership with Mass in Motion New Bedford and the Marion Institute’s Grow Education program, the Network was awarded a $39,000 Partners for Places grant. This allowed the Dartmouth YMCA to become a hub and resource center for New Bedford’s community gardens, expanding education and outreach for farmers markets, and increased the number of New Bedford public school community gardens.

In addition, the Network, through the Dartmouth YMCA, took on the role of implementing the New Bedford City Fruit program through another partnership with State Representative Bill Strauss, the Massachusetts Department of Agricultural Resources, New Bedford’s Department of Parks, Recreation and Beaches, and the Department of Public Infrastructure. This project conducts outreach to recruit residents who are interested in donating otherwise unused fruit to food pantries as well as provide education on fruit tree maintenance.

2015 Statistics

<table>
<thead>
<tr>
<th>FARM VOLUNTEERS</th>
<th>PRODUCE DONATED</th>
<th>HOURS</th>
<th>SERVINGS DONATED</th>
</tr>
</thead>
<tbody>
<tr>
<td>2,930</td>
<td>92,263 pounds</td>
<td>7,384</td>
<td>580,000</td>
</tr>
</tbody>
</table>

2015 Sharing the Harvest Donors

AAA Southern New England
Andrea Christianson
Anne Webb
Anonymous
Astro-Med, Inc
Barbara A Craveiro
BayCoast Bank
Betty Lissach-Schwarz
Beverly & David King
Blount Fine Foods
Carol A Forfa
Carolyn R Lytle
Celeste E Paleologos
Charles & Rebecca McCullough
Clay & Clara Stites
Community Foundation of Southeastern Massachusetts – James Arnold Fund
Community Foundation of Southeastern Massachusetts – New Bedford Rotary Club Fund
Concordia Company LLC
Cove Pediatrics, LLC
Crystal Ice Co Inc
Darden Restaurants, Inc Foundation
Dartmouth Friends of the Elderly
Dartmouth Rotary Club
Dave & Alice Morgan
Donald C King
Donald R Fronzaglia
Donna M Edberg
Dorothy E Aghai
Douglas Leatham
Douglas Roscoe & Shannon Jenkins
Elizabeth A Heisketh
Ellie & Louise Haskell
Ernest J Fisher
Esmeralda S Costa
Eversource Energy
Farn Credit East, MCA
Fay’s Too Inc
First Citizens Federal Credit Union
Fred & Jane Zimmermann
Garden Club of Buzzards Bay
Gary & Donna Schuyler
George & Marjorie Abbot
Gerald E Plichtch
Gertrude E Medick
Harvard Pilgrim Health
Heidi-O-Promo LLC
Helen Ellis Trust
Henry E Foley, Jr
Island Foundation, Inc
J Mark Treadup
Jane Harris Ash
Janet M Doe
Janice Speakman
Joe & Roseanne O’Connell
Joel S Avila
Josh & Julie King
Joyce K Rosinha
Judith N Lund
Kathleen T Young
Kurtz Family Fund
Marge Waite & Neal Weiss
Marianne B DeSouza
Marlene T Holohan
Mary Elizabeth Medicke
Mary Ellen Lees
Massachusetts Service Alliance
Mattapoisett Lions Club
Melissa E Haskell
Milhench Supply Company
Mr & Mrs Raymond M. Smith
Neal Weiss & Marjorie Waite
Network for Good
Pace, Inc – New Bedford
Peter Bullard
Peter J Ouellette
Philip Guymont & Susan McLaren
Project Bread
Richard J Medick
Richard J Rheumaue
Robert & Kathleen Kane
Robert Eisenberg
Robert E Bernert Jr
Santander Bank NA
Sherrie Rose Best
Southern Mass Credit Union
Spherion
Stone Family
ELCA World Hunger Grants Program
Suzanna B Trimbile
Telho Portugues (The Butcher Shop)
The Carney Family Charitable Foundation
The Congregational Church of So Dartmouth
The Robert F Stoico/FirstFed Charitable Fund
Trinity Lutheran Church
Vera Foundation
Wade Hampton-Andrea Reno Fund
Walter J Granda
Youth Service America
Rev John & Zelinda M Douhan
Bertha Senay has always been an active member of her community. On December 15, 2015 when the Stoico/FIRSTFED YMCA opened, Bertha was the first person through the door. She is happy to be part of this new Y that is connecting the surrounding communities and providing opportunities for all.

Bertha, a senior citizen living on a stringent fixed income, is thankful for the help she receives from the Y Cares Financial Assistance program that allows her to attend the Y with minimal impact on her limited resources. Bertha says, “the Y has been a godsend for me. My body in the past few years has been suffering from severe pain due to joint and orthopedic hip issues. With the Y’s help, I am getting better every day and have a goal to be able to get rid of my cane.”

She finds that the daily exercise has been a tremendous help and her mobility is indeed improving every day. Bertha started pacing herself and setting new goals, and now, she not only uses the equipment in the wellness center, but she has tried many group exercise classes. Her very favorite is the low impact/post therapy class that she attends regularly. She was the only participant when the class first started. Loving the results, she invited friends from the local Council on Aging as her guest. The class now averages 18 – 22 participants and continues to grow.

People can’t help but be inspired by Bertha’s enthusiasm, commitment and energy.
2015 Annual Campaign Donors

Thank You to All Our Supporters

CHAIRMEN’S ROUNDTABLE • $2,000+
Black Bass Grill
John & Nancy Bonell
Stella D Burke
Chapman, Cole & Gleason
Coastal Community Foundation
Community Foundation of Southeastern Massachusetts-Acushnet Fdn Fund
Community Foundation of Southeastern Massachusetts-James Arnold Fund, Inc
Allan Ditchfield
Robert Ecklund
Fall River Women’s Union
James W & Kathleen Feeley
H O Peet Foundation in Memory of Margot Pect Fester
David & Maria Harrington
Humphrey, Covill & Coleman Ins Agy, Inc
John H Wyde Charitable Trust
John S Musser II Revocable Trust
George & Elise U Mock
New Bedford Half Marathon
Nye Lubricants, Inc
Gary & Donna Schuyler
South Coast Business Alliance
Geoff & Judith Swett
Youths Friends Association Inc

PRESIDENT’S CLUB • $1,000 – $1,999
Francis C Angino
Babbitt Steam
Peter C Bullard
Coca Cola Bottling Company
Thomas Crotty
Arthur M DeAscentis
Charles N Decas
Nick Decas
DRX U C New Bedford
Raymond Drouin
Nancy & Larry Edwards
Debbie Fringuelli
Robert Gleason
Beth Gormley
Greater NB Reg Voc Tech High School
Halloran, Lukoff & Smith, PC
Dr Francis & Letitia James
Gerard & Colleen Kavanagh
David Lapalme
Joseph Marciszyn
Maurice & Anne Makepeace Family Fdn
Richard J Medickie
Dr David Milstone
Hannah T C Moore
Vincent & Rachel Murphy
R Henry Norweb Ill
Tara L Pacheco
Partners Insurance Group LLC
William & Paige Roth
St Anne’s Credit Union
Eivind H Strand
Sabina Taj
John M & Susan Teal
Robert Trahan
Rhonda Veugen
Doug & Jo-Anne Watson
Ernest W Weber
Lawrence T Wilson

COMMUNITY CHAMPION • $500 – $999
Alden Pettengill Foundation
Cheryl A Almeida in Memory of Irene Medas
Arbella Insurance Foundation
Jennifer G Bogan
Dr Brian Bowcock
Malcolm Campbell
Community Foundation of Southeastern Massachusetts - New Bedford Rotary Club Fund
John Conway
Kate R Corkum
Joseph R Costa
Peter S Covill
Frank Duffy
Dr Laura Dunphy
Sheryl E Facchetti
Christopher J Fletcher
Danielle Gilmore
Shelby A Giza
Irving J Goss
Samuel Gray
Peter & Mary Kavanagh
Michelle Keith
Robert Kerr
Cary A & Craig LeBlanc
Andrew W Lott
Jodilyn Machado
Kelly A & Paul Machado
Elizabeth McBratney
Shawn McGuire
Frederic & Cindy Mock
Daniel D Morais
Nameplates for Industry
Ann B Parson
Karen Plichta
James R Pratt Jr
James R Rice
Stephen Roberts
Elaine Robertson
Steven D Romsey
Frank & Willie Rose
Sanctander Bank NA
Larry Shwartz
Alan Slavin
Kenneth Sullivan
The Upstream Foundation
Kathleen Treglia
Celeste M Warner
Harvey White
Margaret D Xifaras

COMMUNITY BUILDER • $150 – $499
Anthony Abraham
ABRH LLC
Michelle C Alves
John M Amaral
Fatima M Araujo
John Babbit Jr
Benjamin B Baker
Barry’s Fine Wine & Spirits, Inc
Maureen T Batchelder
Norman Beauregard
Aimee Berger in Honor of Joseph Marciszyn
Maureen S Billotte
Peter C Bogle
Lucille I Bouquet
Daniel J Briand
Marlissa Briggert
Leonardo M Brito
Robert J Browne
David A Brownell
Anne Burnett in Memory of Drs Gleason
Anna Christina Cabrall
Kathleen Callahan
Cape Cod 5
William H Carey
Kathleen Carr
John Chiaramo
Nicholas M Christ
Commercial Drywall & Construction Inc
Manuel E Costa Jr
Cove Pediatrics, LLC
Kirk Coykendall
Thomas Gray Curtis
Decas Cranberry
Kenneth Dai
Allen Decker
Robert D Delafluente
Napoloeon N Delgado
Natalie Derrick
Dias, Lapalme & Martin LLP
Rev John & Zelinda M Douhan
Josephine S DuBois
Diana Dunn
Elizabeth S Dunn
Melissa Dyer
Bradford N Eames
Katherine Edwards
Keith Estes
Fall River United Jewish Appeal, Inc
Mary Farrell
Dale A Ferris
Katelyn A Fessenden
Paul Finneran
Jane S Finnerty
Andrew Fischer
James Fortey
Steven Galavotti
Mary Beth Gamache
Richard A Gamache
Gap Foundation
Jennifer M Golden
Maria Golomo
John Gonsalves
Greg S & Robin Gouveia
Marcia L Gracia
Margaret M Graves
Helen Graves
Michael J Gryss Jr
Christopher Hadley
Robert Hadley
Kim J Hall
Ann M Harris
Pamela Harris
Heads Up Irrigation LTD
Gloria Healey
Maxine Hebert
Emily Holmes
Arthur Hughes
Rodney P Hunt
Donna Jeffers
Deb Jorge
KEMA, Inc
Larry Kemper
Mary E Kennedy
Andrea J Lavoie
Nicholas F Lawler
Gerard E Lemieux
Deb Levesque
Samanth Lyons
Jean F MacCormack
Michael P Mahoney
James Mandal
Lauren Marciszyn
Martin Richard Fdn in Honor of Raechel McGhee
Max Performance LLC
Amy McCoog
Honor of Raechel McGhee
Turning Mill
Arielle V Tatar
Anjana Trivedi
Turing Mill
Dr Paul Vivino
David B Walker
William E Walsh
Weston Music Dept in Memory of Nicholas Memoli
John C Wheatley
Stephanie Winterson
Alexis Jane Wybraniec
It is the mission of YMCA Southcoast to improve the spiritual, mental, social, educational and physical conditions of all persons. We are a designated 501-c3 non-profit charitable organization.