



DON'T WORKOUT ALONE.

VALID MONTH OF SEPTEMBER 2022

**BRING A FRIEND,
AND GET A
MONTH FREE.**

Invite your friends or family members to join! You'll feel good that you have motivated them to begin a healthier lifestyle.

Current Members receive the Month of October Free. New Members will have their Joiners Fee Waived. New members must not have had a membership within 1 year to qualify.

A Saving of up to \$90.00

