



# FALL RIVER AQUATICS

## FEBRUARY 19TH - FEBRUARY 25TH

FEBRUARY BREAK WEEK 2024



MON 2/19	TUE 2/20	WED 2/21	THU 2/22	FRI 2/23	SAT 2/24	SUN 2/25
<b>Lap Swim</b> 5am-9am (4) 12pm -4pm (4) 4pm-6pm (2)	<b>Lap Swim</b> 5am-9:50am (4) 2pm - 5pm (4) 5pm-6pm (2) 7pm-8:30pm (4)	<b>Lap Swim</b> 5am-8:45am (4) 12pm-1:50pm (4) 4-6pm (2)	<b>Lap Swim</b> 5am-9:45am (4) 2pm-4pm(2) 4pm-5:50(2) 7pm-8:30pm (4)	<b>Lap Swim</b> 5am-8:50am(4) 12pm-1:50pm (3) 4pm-6pm (2)	<b>Lap Swim</b> 7am-8am (4) 9:00am-11am (2) 11am-12pm (4) 12pm-3:30pm (2)	<b>Lap Swim</b> 9am - 12:30pm (2)
<b>Independent Exercise (18+)</b> 9am-12pm Full Pool	<b>Camp Swim</b> 10am - 12pm Full Pool Unavailable	<b>Aqua Zumba</b> 9am-9:45am Shallow End	<b>Camp Swim</b> 10am-12pm Full Pool Unavailable	<b>Aqua Aerobics</b> 9am-9:45am <b>Deep-Water Aerobics</b> 10am - 10:45am Full Pool	<b>Fall River Lightning</b> 8am-9am Full Pool Unavailable	<b>Family Swim</b> 9am-12:30pm 2 lanes
<b>Aqua Zumba</b> 9am-9:45am Shallow End	<b>National Physical Therapy</b> 12pm-2pm Lane 1 unavailable	<b>Independent Exercise (18+)</b> 9am-12pm Full Pool	<b>National Physical Therapy</b> 12pm-2pm Lane 1 unavailable	<b>Independent Exercise (18+)</b> 10:45am-12pm Full Pool	<b>Makeup swim lesson</b> 9am-11am 2 lanes	
<b>Family Swim</b> 4pm-6pm 2 Lanes	<b>Family Swim</b> 12pm-2pm 3 lanes	<b>Camp Swim</b> 2pm-4pm Full Pool Unavailable	<b>Family Swim</b> 12pm- 2pm 3 lanes	<b>National PT</b> 12pm-2pm Lane 1 unavailable	<b>Family Swim</b> 12-3:30pm 2 lanes	
<b>Fall River Lightning</b> 6pm-9pm Full Pool Unavailable	<b>Aqua Fit</b> 6pm-7pm 2 lanes	<b>Family Swim</b> 4pm-6pm 2 lanes	<b>Aqua SMILE</b> 6pm-7pm 2 lanes	<b>Camp Swim</b> 2pm-4pm Full Pool Unavailable	<b>Makeup swim lesson</b> 4pm-6pm 2 Lanes	
	<b>Makeup swim lesson</b> 5pm-7pm 2 lanes	<b>Fall River Lightning</b> 6pm-9pm Full Pool Unavailable	<b>Makeup swim lesson</b> 4pm-7pm 2 lanes	<b>Makeup swim lesson</b> 4pm-6pm 2 Lanes	<b>Fall River Lightning</b> 6pm-9pm Full Pool Unavailable	

\*SCHEDULE SUBJECT TO CHANGE  
& FAMILY SWIM CAPACITY  
SUBJECT TO LIFEGUARD RATIOS\*