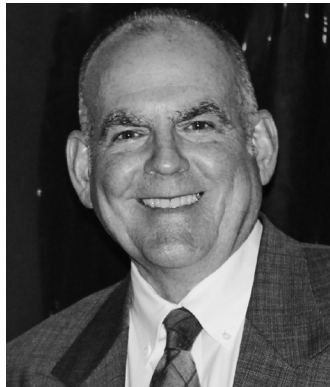


YMCA SOUTHCOST

# Annual Report 2023





**Jim Scherer**  
President & CEO



**Arthur DeAscentis**  
Board of Directors  
Chairperson

Dear FRIENDS!

Confidence, perseverance, resilience, and opportunity – these are just some of the life changing outcomes that were brought to you by YMCA Southcoast. In 2023, our Y continued to support transformative change in the Southcoast region. Over 125,000 individuals experienced how the impact of the Y travels far beyond our wellness centers. Thousands of individuals gain confidence through our programs. From educating toddlers to enabling seniors to stay healthy and connected, our dedicated staff and holistic approach to programming assures that everyone has the confidence to reach their fullest potential and achieve success in life.

We believe that perseverance and resilience lead to success. We are dedicated to helping individuals overcome obstacles so that they can accomplish their goals. To that end we provided close to \$1 million in funding to remove financial barriers and assure that all families, children, and older adults have access to programs and services that instill resilience and take them from surviving to thriving. Everyone can succeed when given the opportunity. Because of our generous donors, members and partners, YMCA Southcoast provides programs and services that strengthen communities. In this Annual Report, you will find stories and facts that illustrate our impact.

Thank you for supporting the Y and our collective cause. We are privileged and blessed to serve our Southcoast community and look forward to continuing our partnerships for a better us.

*James J. Scherer*  
*Arthur M. DeAscentis*

# Community Impact In 2023

The Y isn't just a building. We're people from all backgrounds and walks of life who come together to support each other and strengthen our community.

2.8K

children enrolled in one of sixteen Childcare programs or one of six YMCA Camps

1.48M

pounds of food distributed through our Y Community Markets and Full Plate Project

12,785

hours of volunteer time used to pack and distribute nutritious food at our markets, plant and harvest at the farm, coach youth sports and more!

20.8K

servings of fresh produce grown and donated by Sharing the Harvest Community Farm and distributed by the United Way of Greater New Bedford's Hunger Commission

\$966.6K

of total financial aid through YCares Membership for All, Childcare and Swim Lessons

500+

families received care and enrichment programs before and afterschool at 11 locations

5K+

youth received swim lessons or Safety Around Water instruction

1,457

campers spent their summer vacation with us for the #BESTSUMMEREVER





## Youth Development

The YMCA is committed to nurturing the potential of every child and teen. From cradle to career, the Y empowers young people to lead inspired, successful lives.



The YMCA is our second home—a haven where my family discovers new potential every time we come in. Here, we’ve witnessed our son’s transformation into an advanced swimmer, marveled at our five-year-old’s unwavering commitment to train for her first 5k, and cheered as our one-year-old took her wobbly first climb up the stadium stairs one rainy afternoon.

It’s our favorite “staycation” destination—a place where we swim, play, connect, and create lasting memories. The Y is more than a fitness center for us. Within these walls, my little ones set new goals, forge friendships, and learn the power of building up and pouring into community.

Crystal Stone & Family  
New Bedford YMCA Member

It’s a place where we all thrive, motivated through our accomplishments, and encouraged by a genuine sense of belonging.

- 1

MA State Police Dive team instructing youth in water safety at the New Bedford YMCA.
- 2

Stoico/FIRSTFED Junior Chef program participant.
- 3

Fall River YMCA Halloween Boo Bash.
- 4

Climbing to new heights at Camp Metacomet.
- 5

Learning safety and technique around Archery at Camp Nep-In-Nae.
- 6

Mattapoisett YMCA Childcare showing off handmade super hero masks.
- 7

New Bedford Audobon Society onsite at East Beach with campers.
- 8

First day of Pre-K for these Axel Dance Academy students.
- 9

Camper planting herbs at Sharing the Harvest Community Farm.





# Healthy Living

The YMCA aims to improve our nation’s health by providing programs and activities that promote overall well-being, no matter where you are on your journey toward better health. When people feel their best and have fulfilling lifestyles, their communities become stronger, too.



**Damien Medeiros**  
Gleason Family YMCA  
Wellness Staff

The start of my time at the Gleason Family YMCA was most definitely unique, for lack of better words. As a 17 year old I was hired on June 9, 2022 and just a month before on May 11, 2022 my dad had passed away due to suicide. To say the least, I was at a very uncomfortable point in my life, especially as a 17 year old, in which the Gleason Family YMCA brought me some sense of family and community after such a deep tragedy.

What started off as an easy part time job for a young me, quickly turned into a job I took great pride in—and Lu immediately became a mentor to me.

- 1 Fall River YMCA Pilates class.
- 2 Cardio Drums class at the New Bedford YMCA.
- 3 Bank5 staff and families coordinated a community service project to provide “Blessing Bags” to YMCA Southcoast.
- 4 Fall River YMCA Yoga on Pier.
- 5 Stoico/FIRSTFED YMCA Senior Luncheon for members.
- 6 Summer Shred participants cooling down after class at Battleship Cove.
- 7 The always popular Dance Fitness Class with Victor Fonseca.
- 8 Gleason Family YMCA Zumba participants enjoying off-site class at Stone Path Malt.
- 9 Lifeguard in-service training at Fall River YMCA pool.





# Social Responsibility

The YMCA believes our communities are strongest when everyone is included and has the opportunity to reach their full potential. We welcome and connect people of all generations, backgrounds and perspectives, and we're committed to addressing issues that people face to create positive change.



**Deborah Block**  
YMCA Southcoast Member

Going to the YMCA gives me an opportunity to not only work out, but to see familiar faces. It is nice to be surrounded by people experiencing some of the same challenges, and it has become a fun and safe space to spend some time. It helps me physically and mentally and I look forward to my group classes.

I really enjoy the class, it's very upbeat and engaging! As I get older, I find it especially important to keep moving. In my opinion, exercise is better than any medicine you can buy!

- 1 Local barbers offering free haircuts at New Bedford Connect.
- 2 Essentials for those in need at Fall River YMCA Purpose Locker.
- 3 Diman Regional Vocational Technical High School utilizing the Stoico/FIRSTFED YMCA fields for the season.
- 4 Gleason Family YMCA Thanksgiving Turkey & Trimmings distribution to 200 families.
- 5 Dartmouth YMCA Full Plate Project market food pickup.
- 6 Southcoast Health staff wellness class with YMCA Southcoast instructor.
- 7 FPP Volunteers packing food for Veterans in the community.
- 8 Students from UMASS Law volunteering at Sharing the Harvest Community Farm.
- 9 Livestrong program participants meeting off-site for a walk at Battleship Cove.



Annual Campaign

\$847,850

All monies raised provided financial aid for childcare, camp, swimming and more.



Financial Highlights

Assets	
CASH	1,959,348
ACCOUNTS RECEIVABLE	431,114
CONTRIBUTIONS RECEIVABLE	1,038,237
OTHER ASSETS	1,824,349
INVESTMENTS & BENEFICIAL INTERESTS	8,065,557
LAND, PROPERTY, EQUIPMENT	24,875,000
Total Assets	38,193,605

Liabilities	
ACCOUNTS PAYABLE & ACCRUED EXPENSES	1,059,368
DEFERRED REVENUE	1,598,457
BONDS PAYABLE	7,702,014
LEASE LIABILITY	136,616
Total Liabilities	10,496,455

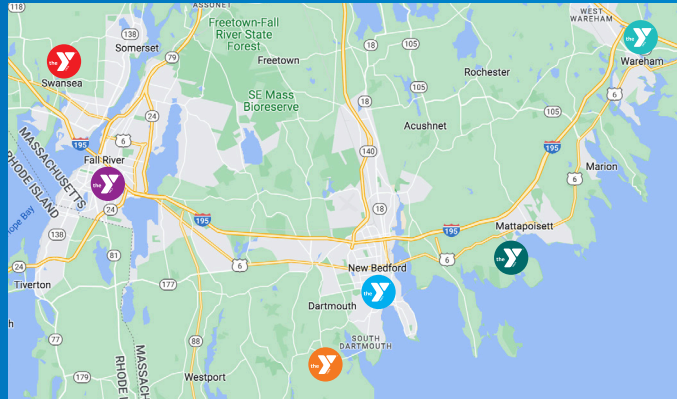
Net Assets	27,697,150
Total Liabilities & Net Assets	38,193,605

Support & Revenue	
CONTRIBUTIONS	3,758,449
GRANTS	648,173
MEMBERSHIP DUES	4,944,367
PROGRAM SERVICE FEES	8,113,463
OTHER	1,454,194
Total Support & Revenue	18,918,646

Expenses	
PROGRAM SERVICES	13,384,447
MANAGEMENT & GENERAL	1,518,406
FUNDRAISING	432,301
Total Expenses	15,335,154

Total Change In Net Assets	3,583,492
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YMCA Southcoast Branches and Leadership



**DARTMOUTH YMCA**  
MARY STRASSER  
MAXINE HEBERT  
CHAIRPERSON  
EXECUTIVE DIRECTOR

**FALL RIVER YMCA**  
CHRISTOPHER HADLEY  
STEPHANIE MANCINI  
CHAIRPERSON  
SR EXECUTIVE DIRECTOR

**GLEASON FAMILY YMCA**  
JOHN AMARAL  
DEBRA J. FRINGUELLI  
CHAIRPERSON  
SR EXECUTIVE DIRECTOR

**MATTAPOISETT YMCA**  
SEAN CARNEY  
STEPHANIE WINTERSON  
CHAIRPERSON  
EXECUTIVE DIRECTOR

**NEW BEDFORD YMCA**  
MEG FEENEY  
TARA PACHECO  
CHAIRPERSON  
EXECUTIVE DIRECTOR

**STOICO/FIRSTFED YMCA**  
ARTHUR D. FRANK JR.  
STEPHANIE MANCINI  
CHAIRPERSON  
SR EXECUTIVE DIRECTOR



YMCA Southcoast Association Leadership

**BOARD OF DIRECTORS**  
ARTHUR M. DeASCENTIS  
DAVID TATELBAUM  
DR. TERRENCE A. GOMES  
GEOFFREY W. SWETT  
PAMELA R. KUECHLER  
CHAIRPERSON  
1ST VICE CHAIRPERSON  
2ND VICE CHAIRPERSON  
TREASURER  
CLERK

**MEMBERS AT LARGE**  
JOHN AMARAL, PETER C. BULLARD, LIZANNE CAMPBELL,  
SEAN M. CARNEY, KATHLEEN R. CORKUM, BRIDGET  
CUNNINGHAM, MANNY DEBRITO, ARTHUR D. FRANK,  
STEVEN H. GALAVOTTI, CHRIS HADLEY, GERRY  
KAVANAUGH, CARY A. LEBLANC, NANCY MCFADDEN, JOHN  
F. QUINN, JAMES RIZZO, WILLIAM D. ROTH, DR. KIMBERLY  
M. SCOTT, MARY STRASSER, DAVID WRIGHT

**ASSOCIATION STAFF**  
RON ANTHONY  
FATIMA ARAUJO  
ROBYN BRANCO  
JOSEPHINE CARRUTHERS  
RUTCHELL CHARLEUS  
SOPHIE HARDING  
LAURIE IACAPONI  
DEB JORGE  
CAIT JOSEPH  
MAKENZIE LENNINGTON  
HEATHER MONOSON  
RAY PREVOST  
LISA RAHN  
STEVEN READ  
GAIL RODERIGUES  
JAMES F. SCHERER  
ROBERT A. TRAHAN  
SY YULES  
STAFF ACCOUNTANT  
MEMBER ENGAGEMENT SPECIALIST  
MISSION ADVANCEMENT DIRECTOR  
HUMAN RESOURCES CLERK  
DPP COORDINATOR  
ASSOCIATE HR DIRECTOR  
CHILDCARE BILLING  
EXECUTIVE ASSISTANT  
MARKETING & COMMS DIRECTOR  
DEVELOPMENT COORDINATOR  
CFO  
ASSOCIATION FACILITIES DIRECTOR  
COMMUNITY OUTREACH DIRECTOR  
GRANT WRITER  
NEIGHBORHOOD COORDINATOR  
PRESIDENT, CEO  
VICE PRESIDENT, CFO (Retiring 2024)  
FPP PROGRAM MANAGER





Around the Association

- 1 Member turned staff Steve Medeiros gearing up for Pickleball.
- 2 Swim-A-Thon Celebration.
- 3 Annual staff training at Frost Valley.
- 4 Runners gather at Mattapoissett YMCA Buoy Tree Lighting.
- 5 Association staff attending Gleason Family YMCA Sip & Support.
- 6 Photo booth fun at Fall River YMCA Corks and Forks.
- 7 YMCA Southcoast Day of Giving.
- 8 YMCA Rising Star award recipients.
- 9 Staff appreciation day.
- 10 Happy kids loving everything about the Y.
- 11 The annual New Bedford YMCA Harbor Cruise maiden voyage.
- 12 Toddler water discovery.
- 13 Storytime at Healthy Kids Day.
- 14 Raising a glass at Stoico/FIRSTFED YMCA Reds Whites & Brews.
- 15 Pride month celebration.
- 16 Future camp counselor in training.





# 2023 Annual Campaign Donors

Thank you for your generous donations.

**\$50,000+**

Alliance of Massachusetts YMCAs	Anthony F. Cordeiro Charitable Foundation Inc.	Margaret Gray	Wareham Lodge of Elks 1548	Core Health and Fitness	Janice Russell	Marjorie Waite and Neal Weiss	Richard Cohen
Anonymous	Arthur and Donna Frank Jr	Mark Chick	Waring-Sullivan Funeral Homes	Coyne & Powers Ins Agency Inc.	Jason and Jill Tardiff	Marjorie Greville	Rita Kenahan
BayCoast Bank	Atlantic Health & Fitness	Mark Rezendes	Whole Kids Foundation	Cristian Romero	Jeff Goodman	Marjorie Williams	Robert Feingold
Charlton Charitable Trusts	Attention to Detail Plumbing and Heating LLC	Matrix Fitness	William and Paige Roth	Cynthia and Jami Pyle	Jeff Hedley	Marshall Marine Corporation	Robertson’s Auto Salvage, Inc.
Koppleman Family Foundation		Mattapoisett Congregational Church		D & J Enterprise Inc.	Jefferson Realty LLC	Mary and Chris Strasser	Robyn Branco

**\$25,000 – \$49,999**

Alvarium Foundation	Avellino Commercial Flooring, LLC	Meghan Feeney		DaCruz Framing Inc	Jeffrey Gonsalves	Mary Ellen Lees	Robyn Kehoe
Drs. John and Kim Scheub	Bask Inc.	Millstone Medical		Dale Ferris	Jeffrey Kerr	Matrix Fitness	Rochelle Whalen
SouthCoast Community Foundation	Blue Cross Blue Shield of Massachusetts	Mr. Christopher Makepeace		Daniel and Ashley Gumb	Jennifer Schlitzer	Matthew D’Andrea	Russells Mills Engine Company INC.
The Greater Boston Food Bank	Brian and Sharon Munro	Nancy and Lawrence Edwards		Danielle Gilmore	Jenny Burr	Maureen Camara	Rusty Kellogg

**\$10,000–24,999**

Acushnet Foundation Fund	Bristol County Savings Charitable Foundation Inc.	Payson Smith Holbrook, Inc.		David Burton	Jill French	Maureen Fanning	Ruth Furman
Anonymous	Cape Cod 5 Savings Bank	Peter and Tia Bullard		David Lapalme	Jill Pappas	Max Performance LLC	Safety Insurance
Geoffrey and Judy Swett	Chapman Funerals & Cremation	Peter Bogle and Karin Wood		David Tatelbaum	Joan Dalton	Max Taylor	Sally Wilde
Island Foundation	Charities Aid Foundation America	Petit Family Foundation		DeAscentis & Coughlin P.C. Bogle	Jodi Machado	Maxine Hebert	Saltonstall Architects
J.P. Morgan Charitable Giving Fund	Christopher Hadley	Philip and Susan Guymont		Deborah Ehrens	Joella Cruz	Meghan Feeney	Sam Knight and Anna Whitcomb
LL Bean	City Block Health	PJR Construction		Don & L. Margetta	JOG Painting & Cleaning, LLC	Melanie Cordeiro	Sandra and Ronald Sacco
R. K. Mellon Family Foundation	Coastal Community Foundation	Plimoth Investment Advisors		Donna Eden	John Amaral	Melanie Howell	Sarah and Charlie Forbes
Rodgers Family Foundation	Concordia Company LLC	Precor		Donna M. Berry	John Eklund	Merita Hopkins	Saunders–Dwyer Home for Funerals
The Carney Family Charitable Foundation	Cranberry Rose Foundation	Prima CARE: Fall River		Dorothy Jenkins	John Garber	Michael Nelson	Shaleen Barnes
UNFI Foundation treasure	CVS Corporation/Health Foundation	Ray Prevost		Dr. Hugo Jauregui	John Quirk	Michael Rodrigues	Sippican Wealth Strategies
United Way of Greater Fall River Inc.	D & D Caterers, Inc.	Richard Thomas		Drew Carline	Jon Sebold	Michael Xifaras	SouthCoast Community Foundation
United Way of Greater New Bedford	Debbie & David Fringuelli	Robert and Jane Gleason		Dunkin Donuts of Fall River	Joseph Chaves	Milestone Realty	Southcoast Health System

**\$5,000 – \$9,999**

Anita and Todd Rigassio-Smith	Fall River Manufacturing	Rotary Club of Fall River		Dwight Crane	Joseph Gomes	Milhench Supply Company	Southcoast Refreshments
Arthur DeAscentis	Fall River Women’s Union	S. A. Davol Co. Inc.		Ellen Duane	Joseph O’Connell	MJS Home Improvement LLC	Spindle City Auto Glass Inc.
BankFive	Fidelity Charitable Donor–Advised Fund	Scott and Melissa Munro		Eric Braitmayer	Judith Melanson	Mr. Brian OConnor	St. Anne’s Credit Union
Covanta SEMASS	First Citizens Federal Credit Union	Solar Therapeutics, Inc.		Fall River Municipal Credit Union	Julianne Stevenson	Mr. Richard Dow and Maggie Flanigan	State Road Auto Sales
Cove Charitable Trust	Gerard and Colleen Kavanaugh	Somerset Federal Credit Union		Fisher Bus, Inc.	Julie Milhoua	Ms. Sara H. Johnston	Steph Winterson
DCU FOR KIDS	Goodfellas Disposal LLC	Southcoast Construction Enterprises LLC.		Foundation Insurance	Kara LeBlanc	Nancy McFadden	Stephanie Silvia–Pare
Drs. Paul Westfall and Laura Dunphy	H & S Tool and Engineering, Inc.	Spherion		Frank Smith Insurance Inc	Karen Quigley	Nancy Spindler	Steven Davol
H.O. Peet Foundation	Heather & Christopher Monoson	Spindle City Insulation, Inc.		Frederic Mock	Karen Sylvia	Natalie Derrick	Steven Galavotti
HarborOne Foundation & HarborOne Bank	HomeWorks Energy, Inc.	St. Michael’s Credit Union		Frederica F. McFerran	Kate and David Fentress	National Physical Therapy	Susan and Edward Adamowski
Katheryn Babbitt	Howard Stevenson	Stella Burke		Garden Club of Buzzards Bay	Kathleen and Burton Corkum	Nicole Nault	Susan Perry
Lizanne and Malcolm Campbell	Imtra Marine Products	Stephanie Mancini & Erika Besachio		Gary Schuyler	Kathleen Carney	Niemiec Marine, Inc.	Suzanne Ashworth
Massachusetts Maritime Academy	Innovative Benefit Advisors	Steven and Kimberly Cabral		Genia Griffiths	Kathleen Clear	Nils Moe	Tena Coley
Matthes Construction LLC	Irving and Alberta Goss	Steward Medical Group @ Hawthorn		Geoffrey Russom	Kathy Aisenberg	Joe’s Original	Terrence and Dianne Gomes
Mendon Woodcraft	Island Foundation	Medical Associates		George Perkins	Keith Estes	Padanaram Outfitters	The Benevity Community Impact Fund
Milhench Supply Company	James and Kathleen Feeney	Sue Sebastiao		Georgia Jasper	Kenneth Sullivan	Paige and William Roth	The Gateway Tavern
Rexel Energy Solutions	James and Regina Scherer	Susan and John Teal		Gerald Freed	Kevin Jonak	Pam & George McNamara	The Modafferi Family Charitable Fund
Yawkey Foundation	Jeff Hedley	Talbot Baker Jr		Gerard Lemieux	Kevin McKay	Pam and Prosser Friedman	The Path Restaurant
Youths Friends Association Inc.	Jennifer Preston & Kevin Greene	Tara Pacheco		Gleeson Powers Inc.	Kim Hall	Pam Donnelly	Timothy Safford

**\$1,000 – \$4,999**

Fiber Optic Center, Inc.	John Hoagland	The Congregational Church of So.		Gregory Tetrault	Kimberlea Jeffries	Pamela and Ricardo Bermudez	Total Mortgage
A.D. Makepeace Companies	Julia Dixon	Dartmouth		Hadley Insurit Group Insurance Agency	Dr. Kimberly Scott	Pamela Murray	Tyler Lamar
A-1 Paving, LLC	Kenneth Shwartz and June Smith	The Philip Snyder Foundation		Helen Montague	Kurt Poulton	Pamela Shwartz	UnicPro Inc.
Abington Bank	Kimberly and Steven Cabral	Tipsy Toboggan		Helen Pennoyer	Larry Shwartz	Paul Fairbanks	United Healthcare
Aime’s Auto Repair Inc.	KWM Properties LLC.	Tobe Berkovitz and Pauline Hamel		Helene Jacobs	Laura Hartnett	Peg and Mark Gildersleeve	Vanessa& Allen Levrault
Air Masters A division of the RISE group	Linda Greer	Truesdale Health Foundation		Hometown Mortgage	Laura Ryan Shachoy	Peter Covill	Vanguard Charitable
Alert Ambulance Service Inc.	Ludes Family Foundation	United Way of MA Bay and Merrimack Valley		Howard Steinberg	Law Office of Peter C. Bullard	Peter Ziobro	Victoria Pope
	Lyle Howland			Hoyt & Company Fine Builders	Lisa Rahn	Polly Feitelberg	Vincent Maher
				Huidekoper Fund	Loretto Crane	Qdoba Restaurant Corporation	Webb Family Foundation
				Nye Lubricants Inc.	Lori Shephard	R.P. Valois & Company, Inc.	Webster Bank
				James and Kathleen Feeney	Marc Sabine	Ray Prevost	Wesley Alwang
				James and Sheridan Thomas	Marc LaPlante	Raymond Fava	Whitney Ray–Dawson
				James Nordquist	Marcia Picard	Revolution Services Corporation	Wild Ones Natural Landscapers
				Jane Zimmermann	Marcy Wintrub	Rhode Island Novelty	William Braucher
				Janet Egan	Margot Hand	Rhonda Veugen	William Richmond





**YMCA SOUTHCOST**

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[ymcasc.org](http://ymcasc.org)