



Youth Development



Healthy Living



Social Responsibility

FOREVER TOGETHER

Message from Leadership

Each crisis finds its own heroes. In 2021, our heroes: our staff, volunteers, members, community partners, and our philanthropic partners all came together to enable YMCA Southcoast to emerge from the pandemic in many ways stronger and even more important to the communities we serve. Your YMCA continues to be a change-making partner, positively impacting the lives of thousands of our neighbors each year.

While the second year of COVID created continued challenges for our members, we adapted our services and programming to meet those challenges. We partnered with local health care providers to administer over 8,000 vaccinations at pop-up clinics at our branches. Through our hunger relief efforts, almost 60,000 pounds of fresh produce was grown at our Sharing the Harvest Community Farm and donated to human service agencies on the Southcoast. We continued our educational collaborations and support throughout our branches.

Our childcare and camp programs

provided respite for our working families. Our pool lanes remained full each hour of the day and, thanks to the continued generosity of our donors, we were able to continue to offer financial assistance so that any members of our community can receive water safety lifesaving skills and enjoy the wellness and childcare benefits at each of our branches.

We were able to significantly advance the planning for the capital campaign for an exciting, renewed New Bedford YMCA that, when built, promises to be a cornerstone of the downtown, and secured important funding commitments for a splash pad for the Stoico/FIRSTFED YMCA as the precursor to what will eventually become a world class natatorium. Our new solar parking deck in Wareham has helped us to reduce our overall carbon footprint.

We continue to remain on solid fiscal

footing and entered 2022 with the financial reserves to support operations, equipment upgrades, and assistance to our capital campaigns, as well as provide seed money to explore new and continued community collaborations as all of our communities emerge into a post covid world.

We are blessed to have had a cohort of heroes who helped us prevail and, in many ways, excel, and with your continued support your Y will continue to grow and remain vital and relevant, as we have for over 150 years.


JAMES SCHERER
President & CEO, YMCA SOUTHCOAST


ARTHUR M. DEASCENDIS
Board Chair, YMCA SOUTHCOAST

Content

4 MEMBERSHIP EFFORTS

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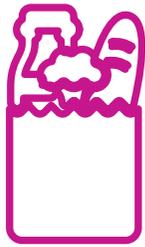
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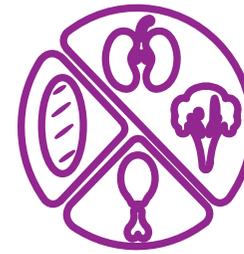
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3



870,000 lbs

of food distributed through our community markets & Full Plate Project



12,000 meals

were provided to school age children (snack and dinner) thanks to our partnership with the Shah Foundation

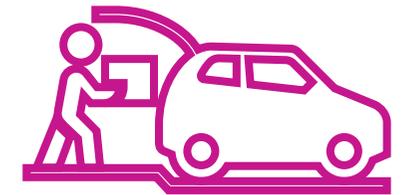


58,970 lbs

of fresh produce grown, harvested, and donated by Sharing the Harvest Community Farm and distributed by the United Way of Greater New Bedford's Hunger Commission

11,452 hours

of volunteer time helped to pack and distribute nutritious food at our markets, plant and harvest at the farm, coach youth sports, and more!



8,142 vaccines

vaccines were given throughout our branches to help protect our community against COVID-19



534 children

children were enrolled in our child care programs across our six branches



2,764 people

people received swim lessons at the Y

\$640,000

of financial aid was given through YCares Membership for All



Moving Forward

In 2021, our facilities were visited 276,000 times. We rebounded from the previous year low of 215,000 due to the pandemic, and we are eager to return to our pre-COVID activity of over half a million visits association wide.

We are grateful for all the loyal members who have been by our side throughout, for those who are rejoining, and those new to the Y. Many people are adopting a hybrid fitness plan that may not include in-person visits to the wellness centers and studios, and we continue to adapt and transform to accommodate.

We are proud to launch YCloud, a streaming platform included at no extra cost with membership. It provides a full library of fitness

classes, such as strength training or yoga, available anytime and anywhere. There are currently over 300 members who access this benefit monthly with that number continually growing.



YMCA Southcoast returned to in-person events with several modifications. These include food to go, using outdoor venues, and limiting event capacities. These modifications have received an overwhelming positive response, continued support, and community engagement.



Wellness Director Micki Poulton of Fall River Y leading a group exercise class



Senior Program Director Lu Brito, of the Gleason Family Y, volunteering to referee at the Fall River Y's Basketball Tournament

Youth Development

The YMCA is committed to nurturing the potential of every child and teen. From cradle to career, the Y empowers young people to lead inspired successful lives. We do this through childcare to after-school activities to sports and more.

Childcare and early learning programs at the Y focus on nurturing child development comprehensively by building foundational skills, fostering healthy relationships and boosting self reliance while in a safe and supportive environment.



Officer Fisher of the New Bedford Police Department reading to New Bedford Y's PreK Students

We provided either before-school or after-school care at all of our branches, plus five off-site locations in 2021. Preschool is offered at two of our branches, New Bedford Y and Stoico/FIRSTFED Y.

In New Bedford, we have worked with the New Bedford Public School system and P.E.G. (Preschool Expansion Grant) program to provide equal opportunities for Pre-K students and families to access to comprehensive education services.

Over 500 children participated in one of our childcare programs receiving a total of \$42,000 in financial aid on top of the state voucher program.

Summer Camp at Y Southcoast offer kids countless opportunities to laugh, learn, lead and make lasting friendships. Our proven programs and trained counselors deliver meaningful memorable experiences that keep kids coming back year after year.



Camp Massasoit campers enjoying kayaking in the Mattapoisett Harbor

In 2021 we distributed over \$122,000 of financial aid throughout our six branches, hosted 1,275 campers, and provided school vacation week camps at all branches.

The Y is committed to empowering kids to lead healthy, active lifestyles. We nurture the potential of children through the YMCA's youth sports programming by strengthening character in our youth, engaging families, and building lasting relationships.



In 2021, 2,764 people received swim lessons at YMCA Southcoast, many with financial aid from donations to the Annual Fund. Additionally, we offered water safety training and learn to swim weeks during school vacations in February and April.

We're very proud of the swimmers who participate in our competitive teams - Fall River Lightnings, Gleason Family Ripetides, and New Bedford Hurricanes!

Across all six of our branches, we have a myriad of youth programming to appeal to our diverse community: Intro to soccer, karate, flag football, musical theater, dance and more. Youth and teen volleyball, dodge ball and teen strength and conditioning are also offered.

One of our largest programs is the Youth Basketball League (YBL), which

hosted over 500 youth association wide. The league is led by volunteers and continues to provide a safe space to foster positive relations and build healthy habits from the inside out.





Healthy Living

The YMCA is committed to nurturing the potential of every child and teen. From cradle to career, the Y empowers young people to lead inspired successful lives. We do this through childcare to after-school activities to sports and more.

Vaccinations – 8,142 COVID-19 vaccines were administered at Y branches in 2021, for children and adult members of the Southcoast community.



Southcoast Health distributing COVID-19 vaccines at the Gleason Family YMCA

Active Aging – Both land and water-based classes were offered at multiple branches including Any Age Stretch, Zumba Gold, Water Aerobics, Ageless Health, NIA, Fit 4 Life, and Cardio Drums.

Evidence Based Health Initiatives (EBHI)– Limited LIVESTRONG® and Parkinson’s programs were offered at our branches.

Membership for All – In keeping with our philosophy of building a healthy “Spirit, Mind, and Body,” we’re making membership accessible to everyone in our community.

Did you know that YMCA Southcoast offers discounted or free memberships for income-qualified individuals? Highlight of other groups receiving Y memberships include:

- Senior Adults aged 65 or older, who are enrolled in Silver & Fit, Tufts Senior Plan, or United HealthCare/ Renew Active, may qualify for

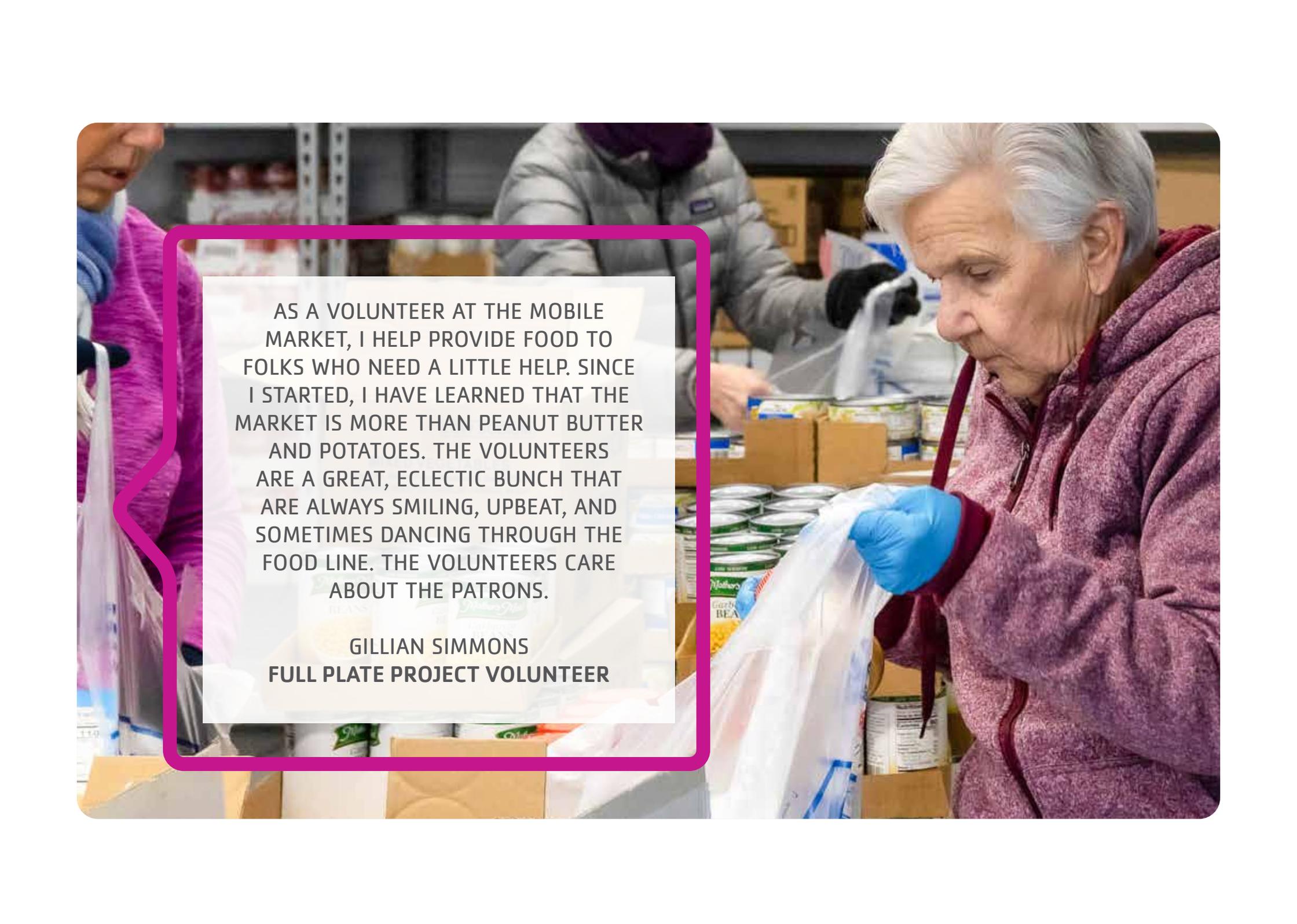
membership paid by their health insurance company.

- Families using Y childcare programs benefit from free use of the gym, pools, and reduced fees on programs, in addition to their childcare activities with the Y.

- Foster Families receive a free Y membership through the Massachusetts Wunder Fund Program.



Water Aerobics at the Fall River YMCA



AS A VOLUNTEER AT THE MOBILE MARKET, I HELP PROVIDE FOOD TO FOLKS WHO NEED A LITTLE HELP. SINCE I STARTED, I HAVE LEARNED THAT THE MARKET IS MORE THAN PEANUT BUTTER AND POTATOES. THE VOLUNTEERS ARE A GREAT, ECLECTIC BUNCH THAT ARE ALWAYS SMILING, UPBEAT, AND SOMETIMES DANCING THROUGH THE FOOD LINE. THE VOLUNTEERS CARE ABOUT THE PATRONS.

GILLIAN SIMMONS
FULL PLATE PROJECT VOLUNTEER

Social Responsibility

Through community programs, local outreach and engagement, we provide support and inspire action in our communities.

Our food security programs are an essential part of the Y's social responsibility commitment. We provide food assistance to many of the children in our care as well as our neighbors who can use a helping hand. We've strengthened our community by forging strong partnerships with diverse individuals and organizations in our hunger relief efforts.

Sharing the Harvest Community Farm engaged volunteers from myriad public, private, and non-profit organizations as well as individuals in its 15th year of existence. In 2021, approximately 454 volunteers served 4,007 hours to produce 58,210 pounds of produce equating

to 244,736 servings that were distributed to more than 20 human service agencies through the United Way of Greater New Bedford's Hunger Commission. Volunteers ranging from preschoolers to seniors, and from high-risk youth to different-abled adults sowed seeds, pulled weeds, and helped with the harvest.



Ashley Brister, the Farm Director, & UMass Dartmouth volunteer washing cabbage

Last year was the first full year of the **Full Plate Project (FPP)**, the Y's partnership with the Greater Boston Food Bank. In 2021, 229 volunteers gave nearly 4,500 hours of their time to pack and distribute 912,150 pounds of food, equating to 760,125 nutritious meals to our neighbors in need.

In addition to regular mobile markets at Y branches and deliveries to several affordable housing sites, the FPP collaborated with community partners to assist community members beyond our reach. These included the Family Resource Center of Fall River, Calvary Pentecostal Church in East Freetown, and Mercy Meals and More, which provided

18,000 hot breakfasts to New Bedford's homeless population last year.

Of note is the FPP's merger with Dartmouth United Outreach, a weekly mobile market that started at Smith Mills Christian Congregational Church as a pandemic response. When the church reopened its preschool that had served as a food storage area in fall of 2021, the market was moved to the Dartmouth Y. It has become our largest market, regularly visited by more than 400 families each Tuesday afternoon.



THE FULL PLATE PROJECT HAS BEEN AN IMPORTANT SOURCE OF FOOD ITEMS FOR MERCY MEALS AND MORE DURING A CRITICAL TIME WHEN WE STRUGGLED FOR FUNDING AND NEEDED SUPPLEMENTAL SUPPORT.

DAVID MOTTA
MERCY MEALS & MORE

The Shah Foundation provided culturally relevant, ready-to-heat/eat breakfasts and lunches for kids in Wareham, New Bedford, and Fall River. Meals to last the whole week were picked up twice weekly at Y locations.

New Bedford Connect is a one-day event that brings together, in a single location, a wide variety of community volunteers and services for individuals and families experiencing

homelessness. Direct services will be provided on site, free of charge to all seeking assistance.



Happy Hope Factory – Thanks to Covanta's sponsorship, campers and children in the Y's school-aged programs colored and signed cards and assembled 1,000 toothbrush kits from Happy Hope Factory that were distributed to foster kids and others in the Department of Children and Families' custody in New Bedford. We also provided DCF with 215 backpacks filled with supplies for the youth.



I WAS ASKED TO JOIN THE FARM COMMITTEE, WHICH MADE ME FEEL APPRECIATED, VALUED, AND INCREASED MY COMMITMENT TO THE WORK AND THE SUCCESS OF THE FARM'S MISSION.

JOAN DALTON
FARM VOLUNTEER



Financial Highlights

Fiscal Year ending December 31, 2021

ASSETS

Cash	2,019,576
Accounts Receivable	233,980
Contributions Receivable	196,119
Other Assets	62,689
Investments & Beneficial Interests	1,503,741
Land, Property, and Equipment	27,011,324
Total Assets	31,027,429

LIABILITIES

Accounts Payable & Accrued Expenses	947,553
Deferred Revenue	450,020
Bonds Payable	8,772,517
Mortgages & Notes Payable	338,305
Other Liabilities	1,648,369
Total Liabilities	12,156,764

NET ASSETS

18,870,665

TOTAL LIABILITIES AND NET ASSETS

31,027,429

SUPPORT AND REVENUE

Contributions	882,911
Grants	519,021
Membership Dues	3,703,481
Program Service Fees	4,594,968
Other	278,526
Total Support & Revenue	9,978,907

EXPENSES

Program Services	9,129,394
Management & General	1,636,702
Fundraising	202,276
Total Expenses	10,968,372

OTHER INCREASES AND DECREASES

2,873,023

TOTAL EXPENSES AND OTHER

8,095,349

TOTAL CHANGE IN NET ASSETS

1,883,558

Annual Campaign

The YMCA Southcoast Annual Campaign provides low and no-cost programs and direct assistance. In 2021, we provided \$7xx,xxx in financial aid making a lasting impact on individuals in 18 cities and towns served by our Y.

The Annual Campaign assists:

- Children, whose families could not otherwise afford summertime educational opportunities.
- Cancer survivors, giving them a support system through which they can build emotional and physical strength – at no cost to them.
- Individuals and families, with the opportunity to access so many more programs and services.

We are extremely grateful for the support of our donors, board, and staff who all gave generously, allowing us to surpass our goal of \$7xx,xxx.

2021's Annual Campaign was buoyed by the return of several in-person events including the Fall River golf outing, Farm 2 Go, Red, Whites & Brews, Sip & Support, Corks & Forks.



YMCA Leadership Team

BOARD OF DIRECTORS

Arthur M. DeAscentis	Chairperson
Lizanne Campbell	1 st Vice Chairperson
Terry A. Gomes	2 nd Vice Chairperson
Geoffrey W. Swett	Treasurer
Thomas Anderson	Clerk

Members at Large:

Peter C. Bullard, Sean M. Carney, Kathleen R. Corkum, Joseph R. Costa, Arthur D. Frank, Steven H. Galavotti, Irving J. Goss, Christopher Hadley, Gerard Kavanaugh, Cary A. LeBlanc, Nancy McFadden, James A. Muse, John F. Quinn, Elaine Robertson, William D. Roth, Kenneth A. Shwartz, Mary Strasser, David W. Wright

ASSOCIATION EXECUTIVE STAFF

James F. Scherer	President & CEO
Robert A. Trahan	Vic President & CFO
Robyn Branco	Director of Mission Advancement
Deb Jorge	Executive Assistant
Sophie Harding	Human Resources
Fatima Araujo	Membership Engagement Specialist
Kristyn Caisse	Creative Director
	Community Outreach Director

BRANCH LEADERSHIP

DARTMOUTH YMCA

Mary Strasser	Chairperson
Maxine Hebert	Executive Director

FALL RIVER YMCA

Christopher Hadley	Chairperson
Stephanie Mancini	Senior Executive Director

GLEASON FAMILY YMCA

Lizanne Campbell	Chairperson
Debbie Fringuelli	Senior Executive Director

MATTAPOISETT YMCA

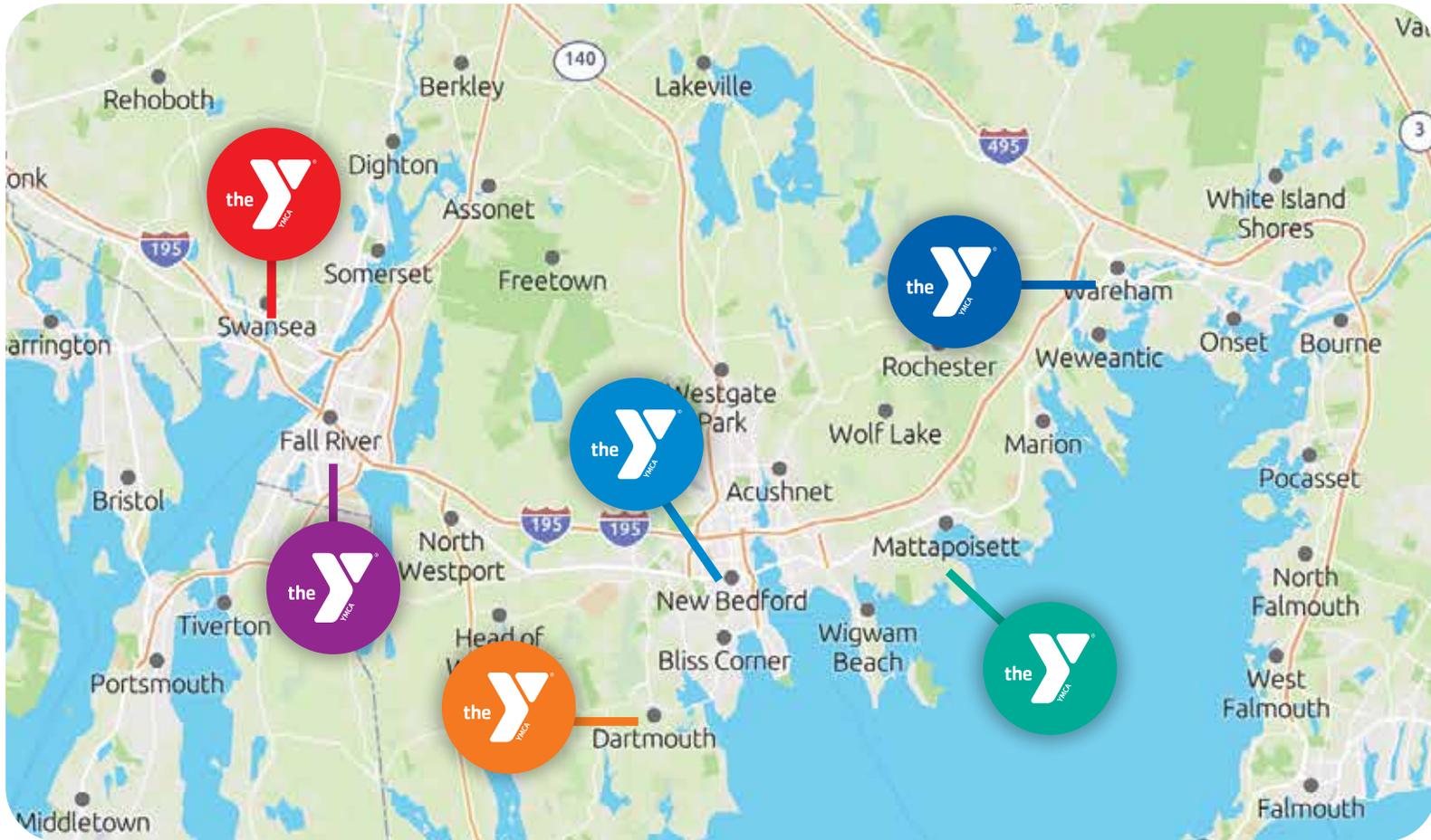
Sean Carney	Chairperson
Stephanie Winterson	Executive Director

NEW BEDFORD YMCA

Kathleen Corkum	Chairperson
Tara Pacheco	Executive Director

STOICO/FIRSTFED YMCA

Arthur Frank Jr.	Chairperson
Stephanie Mancini	Senior Executive Director



DARTMOUTH YMCA
276 Gulf Rd • Dartmouth, MA
508.993.3361

GLEASON FAMILY YMCA
33 Charge Pond Rd • Wareham, MA
508.295.9622

NEW BEDFORD YMCA
25 S Water St • New Bedford, MA
508.997.0734

FALL RIVER YMCA
199 N Main St • Fall River, MA
508.675.7841

MATTAPOISETT YMCA
38 Reservation Rd • Mattapoissett, MA
508.758.4203

STOICO/FIRSTFED YMCA
271 Sharps Lot Rd • Swansea, MA
508.678.9622

Our Strategy

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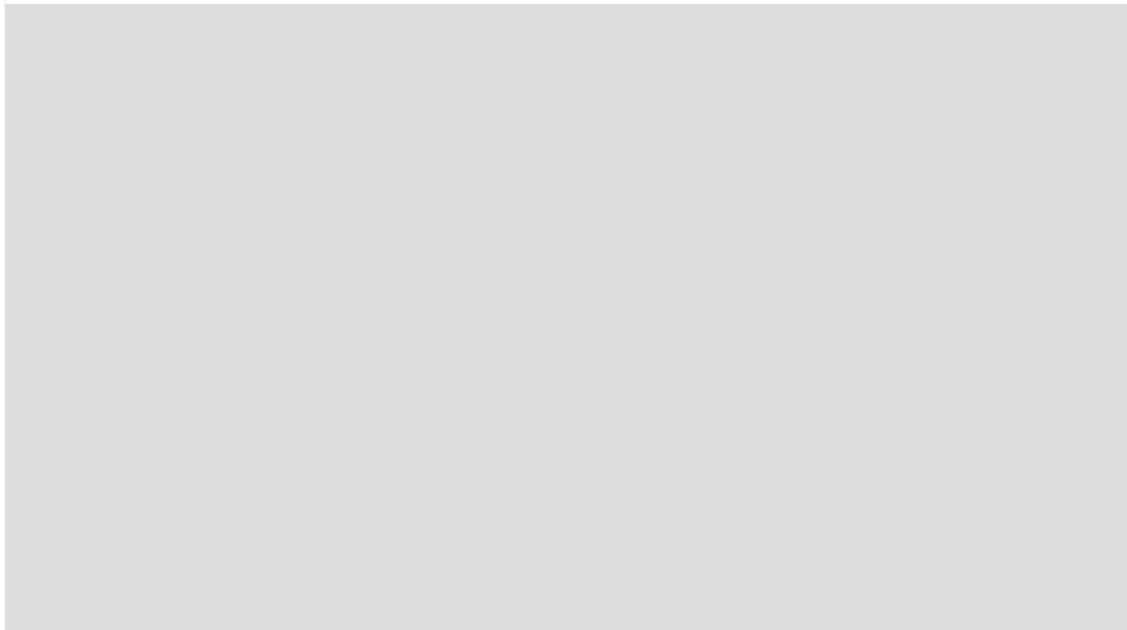
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Future Projects



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